

# Colbern Rd. Sunday School

March 17, 2019

# Colbern Road Class Notes at:

- <http://www.RestoredGospel.com/ClassNotes/Colbern/>



# The Final Prophecy—Outline of Class Topics

- <http://www.RestoredGospel.com/TheFinalProphecy>



When Did God Start telling humanity about  
the change of Heart?

# Answer: With The First Man Adam

## **Genesis 6:61 - Genesis 6:68**

**61** Therefore I give unto you a commandment, to teach these things freely unto your children, saying, that by reason of transgression cometh the fall, which fall bringeth death; and inasmuch as ye were born into the world by water and blood, and the spirit, which I have made, and so become of dust a living soul;

# The First Man Adam

**Genesis 6:61 - Genesis 6:68**

**62 Even so ye must be born again,** into the kingdom of heaven,  
of water, and of the Spirit,  
and be cleansed by blood, even the blood of mine Only Begotten;  
that ye may be sanctified from all sin;

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## **Genesis 6:61 - Genesis 6:68**

**63** For, by the water ye keep the commandment; by the Spirit ye are justified; and by the blood ye are sanctified.

**65** And now, behold, I say unto you, This is the plan of salvation unto all men, through the blood of mine Only Begotten, who shall come in the meridian of time.

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# The First Man Adam

## **Genesis 6:61 - Genesis 6:68**

**67** And it came to pass, when the Lord had spoken with Adam our father, that Adam cried unto the Lord, and he was caught away by the Spirit of the Lord, and was carried down into the water, and was laid under the water, and was brought forth out of the water; and thus he was baptized.

**68** And the Spirit of God descended upon him, and thus he was born of the Spirit, and became quickened in the inner man.

Faith and repentance lead you to the change of heart.

**Helaman 5:96** Yea, the prophecies of the holy prophets, which are written, which **leadeth them to faith on the Lord, and unto repentance, which faith and repentance bringeth a change of heart unto them;**

**The Change is what it means to be baptized by Fire and the Holy Ghost. It Only Happens when God's Spirit changes your soul.**

# What Happens to Alma Jr?

## **Mosiah 11:**

**185** And it came to pass after they had fasted and prayed for the space of two days and two nights, the limbs of Alma received their strength, and he stood up and began to speak unto them, bidding them to be of good comfort:

**186** For, said he, I have repented of my sins, and have been redeemed of the Lord; behold, I am born of the Spirit.

**187** And the Lord said unto me, Marvel not that all mankind, yea, men, and women, all nations, kindreds, tongues and people, must be born again;

# What Happens to Alma Jr?

## **Mosiah 11:**

**188** Yea, born of God, changed from their carnal and fallen state, to a state of righteousness, being redeemed of God, becoming his sons and daughters; and thus they become new creatures; **and unless they do this, they can in no wise inherit the kingdom of God.**

**189** I say unto you, Unless this be the case, they must be cast off; and this I know, because I was like to be cast off.

**190** Nevertheless, after wading through much tribulation, repenting nigh unto death, the Lord in mercy hath seen fit to snatch me out of an everlasting burning, and I am born of God;

# What Happens to Alma Jr?

## Mosiah 11:186

For, said he, **I have repented of my sins**, and have been redeemed of the Lord; **behold, I am born of the Spirit.**

# The People of Zarahemla

## Mosiah 2

1 And now, it came to pass that when King Benjamin had made an end of speaking the words which had been delivered unto him by the angel of the Lord, that he cast his eyes round about on the multitude, and behold they had fallen to the earth, for the fear of the Lord had come upon them;

2 And they had viewed themselves in their own carnal state, even less than the dust of the earth.

3 And they all cried aloud with one voice, saying, O have mercy, and apply the atoning blood of Christ, that we may receive forgiveness of our sins, and our hearts may be purified:

# The People of Zarahemla

## Mosiah 2

4 For we believe in Jesus Christ, the Son of God, who created heaven and earth, and all things, who shall come down among the children of men.

5 And it came to pass that after they had spoken these words, the Spirit of the Lord came upon them, and they were filled with joy,

# The People of Zarahemla

## **Mosiah 3**

**1** And now, it came to pass that when King Benjamin had thus spoken to his people, he sent among them, desiring to know of his people, if they believed the words which he had spoken unto them.

**2** And they all cried with one voice, saying, Yea, we believe all the words which thou hast spoken unto us;

**3** And also, we know of their surety and truth, because of the Spirit of the Lord Omnipotent, which has wrought a mighty change in us, or in our hearts, that we have no more disposition to do evil, but to do good continually.

# Alma's Message

Notice introduction of Alma 3:

## Alma 3:Intro

The words which Alma, the High Priest, according to the holy order of God, delivered to the people in their cities and villages throughout the land.

# Alma's Message

**Alma 3:4** Yea, the land which was called the land of Mormon; yea, and he did baptize his brethren in the waters of Mormon.

**Alma 3:5** And behold, I say unto you, They were delivered out of the hands of the people of King Noah, by the mercy and power of God.

**Alma 3:6** And behold, after that, they were brought into bondage by the hands of the Lamanites, in the wilderness; yea, I say unto you, They were in captivity, and again the Lord did deliver them out of bondage by the power of his word;

# Alma's Message

**Alma 3:7** And we were brought into this land and here we began to establish the church of God throughout this land also.

**Alma 3:8** And now behold, I say unto you, my brethren, you that belong to this church, Have you sufficiently retained in remembrance the captivity of your fathers?

**Alma 3:9** Yea, and have you sufficiently retained in remembrance his mercy and long suffering towards them?

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# Alma's Message

**Alma 3:10** And moreover, have ye sufficiently retained in remembrance that he has delivered their souls from hell?

**Alma 3:11** Behold, he changed their hearts; yea, he awaked them out of a deep sleep, and they awoke unto God.

**Alma 3:12** Behold they were in the midst of darkness; nevertheless, their souls were illuminated by the light of the everlasting word;

# Alma's Message

**Alma 3:13** Yea, they were encircled about by the bands of death, and the chains of hell, and an everlasting destruction did await them.

**Alma 3:14** And now I ask of you my brethren, Were they destroyed?

**Alma 3:15** Behold, I say unto you, Nay, they were not.

**Alma 3:16** And again I ask, Were the bands of death broken, and the chains of hell which encircled them about, were they loosed?

# Alma's Message

**Alma 3:17** I say unto you, Yea, they were loosed, and their souls did expand, and they did sing redeeming love.

**Alma 3:18** And I say unto you that they are saved.

# Alma's Message

**Alma 3:19** And now I ask of you on what conditions are they saved? Yea, what grounds had they to hope for salvation?

**Alma 3:20** What is the cause of their being loosed from the bands of death? Yea, and also, the chains of hell?

# Alma's Message

**Alma 3:21** Behold, I can tell you: Did not my father Alma believe in the words which were delivered by the mouth of Abinadi? And was he not a holy prophet?

**Alma 3:22** Did he not speak the words of God, and my father Alma believe them?

**Alma 3:23** And according to his faith there was a mighty change wrought in his heart.

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# Alma's Message

Alma 3:24 Behold I say unto you, that this is all true.

Alma 3:25 And behold, he preached the word unto your fathers, and a mighty change was also wrought in their hearts; and they humbled themselves, and put their trust in the true and living God.

Alma 3:26 And behold, they were faithful until the end; therefore they were saved.

# Alma's Question...to the Church

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Alma 3:26 And behold, they were faithful until the end; therefore they were saved.

# Alma's Question...to the Church

**Alma 3:27** And now behold, I ask of you, my brethren of the church,  
Have ye spiritually been born of God?

# Alma's Question...to the Church

**Alma 3:28** Have ye received his image in your countenances?

**Alma 3:29** Have ye experienced this mighty change in your hearts?

**Alma 3:30** Do ye exercise faith in the redemption of him who created you?

# Alma's Question...to the Church

- [Alma 3:36](#) I say unto you, Can ye look up to God at that day with a pure heart and clean hands?
- [Alma 3:37](#) I say unto you, Can you look up, having the image of God engraven upon your countenances?
- [Alma 3:38](#) I say unto you, Can ye think of being saved when you have yielded yourselves to become subjects to the devil?
- [Alma 3:39](#) I say unto you, Ye will know at that day, that ye can not be saved: for there can no man be saved except his garments are washed white:

Life Advice...to All

Do only things you can speak of with honor.

# The Order of Alma's Calling....

**Alma 3:83** And I say unto you, that I know that Jesus Christ shall come; yea, the Son, the only begotten of the Father, full of grace, and mercy, and truth.

**Alma 3:84** And behold, it is he that cometh to take away the sins of the world; yea, the sins of every man who steadfastly believeth on his name.

**Alma 3:85** And now I say unto you, that this is the order after which I am called; yea, to preach unto my beloved brethren; yea, and every one that dwelleth in the land;

**Alma 3:86** Yea, to preach unto all, both old and young, both bond and free; yea, I say unto you, the aged, and also the middle aged, and the rising generation; yea, to cry unto them that they must repent and be born again;

So What Must I Do??

# What will Jesus Do??

## 3 Nephi 4:50

And whoso cometh unto me with a broken heart and a contrite spirit,  
him will I baptize with fire and with the Holy Ghost,

even as the Lamanites,

because of their faith in me, at the time of their conversion,

were baptized with fire and with the Holy Ghost,

and they knew it not.

# When the Sinful Are Baptized by Fire and The Holy Ghost...

Helaman 2—Nephi and Lehi and the conversion of the Lamanites.

# The Result of Obedience.....Prosperity

**Helaman 2:22** And it came to pass that in this same year, there was exceeding great prosperity in the church, insomuch that there were thousands who did join themselves unto the church, and were baptized unto repentance;

**Helaman 2:23** And so great was the prosperity of the church, and so many the blessings which were poured out upon the people, that even the high priests and the teachers were themselves astonished beyond measure.

# The Result of Prosperity.....Pride

## Helaman 2:32

And it came to pass that the fifty and second year ended in peace also, save it were the exceeding great pride which had gotten into the hearts of the people; and it was because of their exceeding great riches, and their prosperity in the land; and it did grow upon them from day to day.

# The Sons of Helaman, Nephi and Lehi

## Helaman 2:31

Nevertheless, they did fast and pray oft, and did wax stronger and stronger in their humility, and firmer and firmer in the faith of Christ, unto the filling their souls with joy and consolation, yea, even to the purifying and the sanctification of their hearts, which sanctification cometh because of their yielding their hearts unto God.

# The Moral Decay of God's People (Nephites)

**Helaman 2:44** Now this great loss of the Nephites, and the great slaughter which was among them, would not have happened, had it not been for their wickedness and their abomination which was among them; yea, and it was among those also who professed to belong to the church of God:

**Helaman 2:45** And it was because of the pride of their hearts, because of their exceeding riches, yea, it was because of their oppression to the poor, withholding their food from the hungry, withholding their clothing from the naked, and smiting their humble brethren upon the cheek, making a mock of that which was sacred, denying the spirit of prophecy and of revelation, murdering, plundering, lying, stealing, committing adultery, rising up in great contentions, and deserting away into the land of Nephi, among the Lamanites;

# When the Sinful Are Baptized by Fire and The Holy Ghost...

**Helaman 2:55** Yea, they began to remember the prophecies of Alma, and also the words of Mosiah; and they saw that they had been a stiff-necked people, and that they had set at nought the commandments of God;

**Helaman 2:56** And that they had altered and trampled under their feet the laws of Mosiah, or that which the Lord commanded him to give unto the people;

**Helaman 2:57** And thus seeing that their laws had become corrupted, and that they had become a wicked people, insomuch that they were wicked even like unto the Lamanites.

# When the Sinful Are Baptized by Fire and The Holy Ghost...

**Helaman 2:58** And because of their iniquity, the church had begun to dwindle; and they began to disbelieve in the spirit of prophecy, and in the spirit of revelation; and the judgments of God did stare them in the face.

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# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:80** And it came to pass that Nephi and Lehi did preach unto the Lamanites with such great power and authority, for they had power and authority given unto them that they might speak; and they also had what they should speak given unto them;

**Helaman 2:81** Therefore they did speak unto the great astonishment of the Lamanites, to the convincing them, insomuch that there were eight thousand of the Lamanites who were in the land of Zarahemla and round about, baptized unto repentance, and were convinced of the wickedness of the traditions of their fathers.

# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:83** And it came to pass that they were taken by an army of the Lamanites, and cast into prison; yea, even in that same prison in which Ammon and his brethren were cast by the servants of Limhi.

**Helaman 2:84** And after they had been cast into prison many days without food, behold, they went forth into the prison to take them, that they might slay them.

**Helaman 2:85** And it came to pass that Nephi and Lehi were encircled about as if by fire, even insomuch that they durst not lay their hands upon them, for fear, lest they should be burned.

# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:86** Nevertheless, Nephi and Lehi were not burned; and they were as standing in the midst of fire, and were not burned.

**Helaman 2:87** And when they saw that they were encircled about with a pillar of fire and that it burned them not, their hearts did take courage.

# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:91** And behold, they that were in the prison, were Lamanites, and Nephites who were dissenters.

**Helaman 2:92** And it came to pass that they were overshadowed with a cloud of darkness, and an awful, solemn fear came upon them.

**Helaman 2:93** And it came to pass that there came a voice, as if it were above the cloud of darkness, saying, Repent ye, repent ye, and seek no more to destroy my servants whom I have sent unto you to declare good tidings.

# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:94** And it came to pass when they heard this voice, and beheld that it was not a voice of thunder; neither was it a voice of a great tumultuous noise, but behold, it was a still voice of perfect mildness, as if it had been a whisper, and it did pierce even to the very soul.

# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:96** And behold, the voice came again, saying, Repent ye, repent ye, for the kingdom of heaven is at hand; and seek no more to destroy my servants.

**Helaman 2:97** And it came to pass that the earth shook again, and the walls trembled; and also again the third time the voice came, and did speak unto them marvelous words, which can not be uttered by man; and the walls did tremble again, and the earth shook as if it were about to divide asunder.

# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:98** And it came to pass that the Lamanites could not flee, because of the cloud of darkness which did overshadow them; yea, and also they were immovable, because of the fear which did come upon them

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# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:106** And it came to pass that the Lamanites said unto him, What shall we do, that this cloud of darkness may be removed from overshadowing us?

**Helaman 2:107** And Aminadab said unto them, **You must repent, and cry unto the voice, even until ye shall have faith in Christ, who was taught unto you by Alma, and Amulek, and Zeezrom; and when ye shall do this, the cloud of darkness shall be removed from overshadowing you.**

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# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:110** And Nephi and Lehi were in the midst of them; yea, they were encircled about; yea, they were as if in the midst of a flaming fire, yet it did harm them not, neither did it take hold upon the walls of the prison; and they were filled with that joy which is unspeakable and full of glory.

**Helaman 2:111** And behold **the Holy Spirit of God did come down from heaven, and did enter into their hearts, and they were filled as if with fire**; and they could speak forth marvelous words.

# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:114** And there were about three hundred souls who saw and heard these things; and they were bid to go forth and marvel not, neither should they doubt.

**Helaman 2:115** And it came to pass that they did go forth, and did minister unto the people, declaring throughout all the regions round about, all the things which they had heard and seen, insomuch that the more part of the Lamanites were convinced of them, because of the greatness of the evidences which they had received;

**Helaman 2:116** And as many as were convinced, did lay down their weapons of war, and also their hatred, and the tradition of their fathers.

# When Sinners Change...The Lamanites Baptized by Fire and The Holy Ghost...

**Helaman 2:119** For behold, there were many of the Nephites who had become hardened, and impenitent, and grossly wicked, insomuch that they did reject the word of God, and all the preaching and prophesying which did come among them.

**Helaman 2:120** Nevertheless the people of the church did have great joy because of the conversion of the Lamanites; yea, because of the church of God, which had been established among them.

So What Must I Do?

# So What Must I Do?

## Remember Moses and the Serpent on the Pole?

All they had to do was look at it to be healed, but many would not. It seemed to easy.

Looking to the serpent was a type for Looking to Christ. It is easy by design....but you have to do it.

# So What Must I Do?

**Helaman 2:107** And Aminadab said unto them, **You must repent, and cry unto the voice, even until ye shall have faith in Christ, who was taught unto you by Alma, and Amulek, and Zeezrom; and when ye shall do this, the cloud of darkness shall be removed from overshadowing you.**

**Moroni 7:53** Wherefore, my beloved brethren, **pray unto the Father with all the energy of heart, that ye may be filled with this love which he hath bestowed upon all who are true followers of his Son Jesus Christ,** that ye may become the sons of God, that when he shall appear, we shall be like him; for we shall see him as he is, that we may have this hope, that we may be purified even as he is pure. Amen.

# So What Must I Do?

- 1. The Change ONLY Happens when the Holy Ghost Baptizes You. You Can NOT do this on your own.**
- 2. Covenant begins with Faith in the Blood of Jesus who died to overcome our eternal death, so mercy could overpower justice.**
- 3. Repentance means to desire change, from the old man to the new. Come to God in sincerity to make a covenant with him. Do not take his name upon you (i.e. make a covenant) in vain.**
- 4. Your covenant will take you on a journey. It will last your whole life. The journey will not be easy, but God promises to be with you every step of the way.**

## So What Must I Do?

- 5. Baptism by water makes your covenant real. It symbolizes both your new life and rebirth.**
- 6. Baptism by the Holy Ghost gives you that portion of God's Spirit which brings you to change.**
- 7. Call Unto God, asking for the change of Heart. He will respond.**
- 8. Walk in new life in Christ, Endure the temptations of Satan to the end.**